

Example case with information for student and standardized patient

# STATION

YEPSA

Geriatrics

## STATION PROCEDURE

1. Elicit a **focused functional history** from Mrs. Jones; ask about Activities of Daily Living and Instrumental Activities of Daily Living.
2. Assess the **history of her cognitive changes** (you do NOT need to complete memory testing, e.g., Folstein MMSE).
3. **Review** the **potential effects** of her **medications** on her recent decline and **suggest at least two medications** that could be changed to improve her function and cognition.
4. **List at least two home based interventions or adaptations** to help improve Mrs. Jones' function.

## CLINICAL SITUATION

### **Note from daughter:**

My mother is 85-years-old and has been in excellent health until one month ago when she was visiting me in Arizona and had to be hospitalized due to Pneumonia. She had only been on two pills before her stay but they put her on a bunch of new pills. She has become very confused in the hospital and continues to have intermittent confusion. She fell while in the hospital and ended up with a bruised hip. They checked X-rays that were all fine and gave her a pain medication. She has become very weak and stumbles and falls and we are very concerned about her safety.

### **In the clinic, medical assistant's notes:**

Mrs. Jones is here for follow-up of her hospitalization. BP: 100/60 (no orthostatic changes); pulse: 55; Oxygen saturation: 95% on RA; Temperature: 98.7° f. MMSE 23/29 – short term recall 2/3, attention and calculation 2/5, orientation, 8/10, and she could not draw pentagon as she has macular degeneration.

### **Medical Problems:**

Hypertension, urinary incontinence, h/o mild congestive heart failure, arthritis, and intermittent insomnia

**Medications:** to be elicited

**A COPY OF THIS SCENARIO IS IN THE STATION ROOM.**