

Geriatric Skills Workshop: Course Overview

Date	Location	Topic	Reading Assignments
August 17		Introduction and Sensory Assessment	Chapter 1, 12 Syllabus Materials
August 24	Garden Terrace Nursing Home	Physical, Occupational, and Speech Therapy	Chapter 9 Syllabus Materials
August 31	VA Medical Center	Communicating with the Older Adult	Syllabus Materials
September 14	Belmont Village Assisted Living	History and Physical Exam Skills	Chapter 3
October 5		Wound Care Assessment and Treatment	Syllabus Materials
October 12		Breaking Bad News	Syllabus Materials Chapter 16
October 26	VA Medical Center	Assessment of Gait and Balance	Chapter 8
November 2	Colonial Oaks Assisted Living	Mental Status Evaluation	Chapter 5, 6 Syllabus Materials
November 16	Hospice	Caring for the Dying Patient Course conclusion	

August, 2006

Dear Baylor College of Medicine and University of Texas Medical Students,

Welcome to the Geriatric Skills Workshop Course! We are delighted that you are participating in this exciting new elective. Second and third year medical students from both Baylor and UT will be attending this course. Geriatric medicine faculty and fellows from both schools, therapists, and other medical providers will provide a multidisciplinary approach to the Workshop instruction.

The Geriatric Skills Workshop Course is the official Year 2 component of the new “Geriatrics Track” at Baylor. We hope that all of you will continue participating in the Geriatrics Track during Year 3 and 4. Both Baylor and UT students can participate in the Track components and receive credit for completing these courses. A detailed outline of the Geriatrics Track is included in this syllabus.

The Geriatric Skills Workshop is different from most of your other courses. Each session focuses on skills or techniques that are used in caring for elderly patients. You will have an opportunity to practice the skills and to become familiar with tools used to evaluate older adults.

Learning new skills requires participation and practice. Workshops will be interactive and dynamic experiences. Be prepared to volunteer information and ideas, participate in class discussions, and work in small groups. It is important that you read the assigned materials prior to class so that you can be an active participant in the learning process.

Most sessions will begin with a didactic introduction to the evening’s topic, followed by a discussion of the skills and assessment techniques. During the last half hour, you will rotate through skill stations, become familiar with medical devices, or interview volunteer seniors. Please note that half of the Workshop sessions take place at the medical center on the Baylor campus, and half take place at a senior living facility.

We think you will enjoy the format and content of the Workshop. Please contact us if you have any questions. Your comments and feedback are always welcomed and appreciated.

Thank you for your participation.

Aimee Garcia, MD

Geriatric Skills Workshop: Credit and Grading

All Baylor students should be registered for this course by the Student Affairs Office. All UT Students will receive Blue Book Credit for the course based on the number of sessions attended.

The course is graded honor, high pass, pass, marginal pass and fail.

Students will be given a non-graded in-class pre and post test covering knowledge, skills, and attitudes on aging and geriatrics. Students will receive their test scores to demonstrate knowledge gained during the course.

Grading will be based on:

- attendance and promptness
- participation in discussions
- preparedness for each workshop
- demonstration of skills
- completion of pre and post knowledge and attitudes assessment
- completion of course, workshop, and instructor evaluations

To Achieve:

Marginal Pass	5 of 8 sessions <u>minimum</u> must be attended and score 23/40
Pass	5 of 8 sessions and score 26/40 points
High pass	6 of 8 sessions and score 29/40 points
Honors	7 of 8 sessions and score 32/40 points

- Promptness: comes late or leaves early: -1 point per session
- Participation in workshop discussions, contributing ideas and information during small group sessions, volunteers opinions and experiences
 - +2 points per session: frequent participant in discussions and frequently contributes ideas and knowledge to peers
 - +1 point per session: occasional participant in discussions and occasionally contributes some ideas and knowledge to group
 - 0 point per session: seldom participates in discussions and seldom contributes ideas and knowledge to group
- Preparedness: demonstrates an observable understanding of pre-reading materials
+1 point per session
- Skills:
 - +1 points per session: performs history, exam, role play, assessments or demonstrations accurately, enthusiastically, and with sensitivity
 - 0 points per session: has difficulty with skills or assessments
- Completion of Pre and Post knowledge and attitudes exam: +2 points
- Completion of course evaluation +1 point
- Completion of instructor & workshop evaluation for each session: up to 5 points

Total of 40 points for 8 sessions
Geriatric Skills Workshop

Goals:

- To improve student assessment skills of older adults
- To introduce unique aspects of communicating with and examining older adults
- To recognize and correctly use equipment and assistive devices for the elderly

Course Description

450-438 Geriatric Skills Workshop, [Garcia, Salmeron, Staff]

1.5 hours/session plus pre-reading assignments; 8 evening sessions over blocks seven and eight. **Credits:** 2 **Prerequisite:** None. Minimum number of students required for elective to be offered: 4. Maximum number of students admitted to elective: 20.

This course introduces students to basic issues of geriatric medicine, communication skills, and the assessment methods used to evaluate the social, psychological, and physical problems of aging. The focus is on improving the interaction between medical providers and older adults. Each session covers a topic relevant to the care of the elderly patient. Techniques for assessing mental status, mood, physical functioning, wounds, sensory impairment, and physical findings in the elderly will be covered in depth. Instruction is provided through lecture, small group discussion, role-play, and hands-on skill building sessions. Students will have an opportunity to practice communication and assessment skills with volunteer seniors who live in the community.

Course Faculty:

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